

## Most Innovative

### K-Swiss Blade-Light Run, \$90

This super-light shoe depends on parts of the outsole shaped like blades for springiness. We liked the Blade-Light Run best for track and tempo runs. At slower paces, the cushioning, especially at the midfoot, is somewhat unforgiving. Testers loved the streamlined fit and knobby laces that stayed tied. With pull-tabs on the heel and tongue, and drainage holes through the insole and toe box, this is also a great triathlon shoe. But keep the Blade-Light Run on smooth roads; gravel gets caught between the blades underfoot. 8.5 ounces. [kswiss.com](http://kswiss.com)



### Nike Lunar Eclipse+, \$130

The Lunar Eclipse+ features a unique midsole that offers stability on an as-needed basis. Like the Lunar Glide+, the cushioning underfoot works by engaging a denser, harder, more supportive foam the more your foot rolls in. And while the Lunar Glide+ worked for neutral to mild overpronators, the Lunar Eclipse+ supports true overpronators by engaging a hard plastic heel clip if your foot rolls. The system seems to work great, and the overall comfort and performance of this shoe ranks high, whether running fast or slow. 9.8 ounces. [nikerunning.com](http://nikerunning.com)